

Heather Baker is a Recreation Therapist at Capital District Health Authority in Dartmouth, Nova Scotia. She has worked in a variety of service delivery areas and is currently the Consult Recreation Therapist for the Therapeutic Assistant Service where her work is focused on managing responsive behaviors in an acute care setting. Heather graduated from Dalhousie University in 2005 with a BSc in Therapeutic Recreation. Prior to her introduction to therapeutic recreation she was pursuing a career in the field of nursing. She is currently serving a term as the Vice President of the Therapeutic Recreation Association of Atlantic Canada (TRAAC) and has previously held TRAAC board positions as a student director, treasurer, advocacy chair, and president. Heather is also the Chair of TRAAC's Licensure Committee. She recently joined the CTRA Board of Directors, serving a term as the treasurer and is the Chair of CTRA's Regulation Committee. Heather has presented provincially and nationally on a variety of topics including licensure, managing responsive behaviors and working with individuals with cognitive impairments. For those who don't know her, Heather thoroughly enjoys her work and although it appears that she has little time to engage in leisure she manages to enjoy a variety of leisure activities between her work life and volunteer commitments. She thoroughly enjoys reading, spending time in the kitchen, playing the piano, enjoying nature, spending time with family and friends, scrapbooking and travel to name just a few.