



CTRA 2018 - Conference at a Glance

Halifax, Nova Scotia - June 13-15th, 2018

Doubletree by Hilton Halifax (Dartmouth)

Time	Sessions
Tuesday, June 12	
6:30 p.m. – 8:00 p.m.	Registration Table Open
6:30 p.m. – 8:00 p.m.	Welcome Meet & Greet

Time	Sessions
Wednesday, June 13	
Day 1	
6:45 a.m. – 7:30 a.m.	Morning Walk or Yoga
7:30 a.m. – 8:30 a.m.	Registration Table Open Breakfast (Provided)
8:30 a.m. – 12:00 p.m.	101: The Role of Acceptance in Facilitating Living Well with Illness and Disability: Facilitating a Positive Identity and Supporting Positive Experience
	102: ACTIVATOR™ Wellness Nordic Walking Course for Recreation Therapy Professionals
	103: Grow Your Professional Skills: Gardening, Gardens & Therapeutic Horticulture
	104: Steps to Connect Facilitators' Training
	109: Revitalizing Our Professional Quality of Life
12:00 p.m. – 1:00 p.m.	Lunch – Grab & Go (Provided)
1:00 p.m. – 4:30 p.m.	105: Self Care Practice and Leisure Counselling in Community Based Addiction Services

	106: Committee on Accreditation of Recreational Therapy Education (CARTE): Orientation to Accreditation and Site Visitor Training
	107: Spirituality and Expressive Arts in Therapeutic Recreation- Strengths Recognition, Resilience Building and Increased Self-Efficacy Implementing Ancient Spiritual Methods
	108: Research in Action <ul style="list-style-type: none"> - Mind Body Mingle - Exploring Sex as Leisure for Adults with Acquired Physical Disabilities - Fitting In/Standing Out - Intergenerational Programs - Sowing the Seeds of Success
6:30 p.m. – 7:30 p.m.	CTRA Awards & A Singularly Spectacular Event
7:30 p.m. – 10:00 p.m.	Exhibitor Social - Wine & Cheese with Silent Auction

Time	Sessions
Thursday, June 14	Day 2
6:45 a.m. – 7:30 a.m.	Morning Walk or Aquafit
7:30 a.m. – 8:30 a.m.	Registration Table Open
8:30 a.m. – 9:30 a.m.	Words of Welcome Breakfast (Provided) with Exhibitors
9:30 a.m. – 10:15 a.m.	Keynote Address by Dr. Gord Gubitzi, MD, FRCPC, Assistant Professor, Neurology, Department of Medicine, Dalhousie University – What Recreation Therapy Means to Me: A View From the Trenches
10:15 a.m. – 10:30 a.m.	Break with Exhibitors
10:30 a.m. – 12:00 p.m.	202: SitN'Dance
	203: Promoting Discussion on the Entry Level Education for Recreation Therapy Practice
	204: Navigating Successful Therapeutic Relationships in Mental Health Settings; Revitalizing and Optimizing Healthy Strategies to Create Optimal Client Outcomes

	205: Are We All the Same: Perspective and Scope of Practice in United States, Australia, New Zealand, and Japan
	206: Collaborative Care in Pediatric Rehabilitation
12:00 p.m. – 1:00 p.m.	Lunch (Provided) – Exhibitors Open
1:00 p.m. – 2:30 p.m.	207: Including Children of All Abilities in Summer Camp: A Universal Design Approach
	208: TRANSFIXED ON TR: Exploring the Ways to Support Gender Identity in Recreation
	209: Ensuring Competence and Success: A Guide For Internship Supervisors and Students
	210: Growing Therapeutic Recreation: Standards of Practice and Growth Competencies
	211: Improving Outcomes for Survivors of Complex Childhood Trauma
2:30 p.m. – 2:45 p.m.	Break with Exhibitors
2:45 p.m. – 3:45 p.m.	212: The Use of iPads in Dementia Care
	213: Recreation Therapy in the Yukon: Larger Than Life
	214: NCTRC Certification Process
	215: What is My Story? Being a Reflective Practitioner
	216: Challenge by Choice: Meaning-Making and Youth-Led Approaches to Community Based TR
3:45 p.m. – 4:00 p.m.	Break
4:00 p.m. – 5:00 p.m.	217: Using Multisensory Interventions in Recreational Therapy to Address Anxiety, Agitation and Pain in Individuals Receiving Substance Abuse Treatment
	218: TR Certification – via Equivalency Path A: Insights and Understandings
	219: Photovoice: Digital Storytelling and Speakers Series: 2 Upstream Interventions That Can be Applied to Your TR Practice to Address the Social Determinants of Health
	220: Grief, Loss and Leisure: What a TR Professional Needs to Know
	221: Friends Group: A Session for Focusing on Younger Populations in Long-Term Care.
Evening	Pub Crawl or Segway Tour

Time	Sessions
Friday, June 15	Day 3
6:45 a.m. – 7:30 a.m.	Morning Walk or Yoga
7:30 a.m. – 8:30 a.m.	Registration Table Open
7:30 a.m. – 8:30 a.m.	NCTRC Certificants Meeting Breakfast (Provided)
8:30 a.m. – 10:00 a.m.	301: Future-Proofing: Investigating the Intersection of TR and the Recovery Model in Youth Mental Health Services
	302: Models of Therapeutic Recreation; Which One is Best for You?
	303: NCTRC Recertification: Continuing Professional Competence
	304: Evidence-Based Practice: How and Where to Search for Evidence
	305: Non- Pharmacological Interventions in Dementia Care
10:00 a.m. – 10:30 a.m.	Break
10:30 a.m. – 12:00 p.m.	306: Therapeutic Recreation in Schools for Students with Various Mental Health, Physical, Developmental and/or Learning Disabilities – A Pilot Project Series
	307: The Recreation for Mental Health Game: A Leisure Education Tool to Facilitate Community Participation
	308: Just the Facts – TR Evidence Based Fact Sheets
	309: Navigating the Tide, Revitalizing and Enhancing our National Code of Ethics
	310: Strengthening Our Services: Exploring Professionals' Perspectives on Therapeutic Recreation Practice
12:00 p.m. – 1:30 p.m.	CTRA AGM & Luncheon
1:00 p.m. – 1:30 p.m.	CEU Registration Table Open
1:30 p.m. – 2:30 p.m.	311: Including Students with Disabilities in Extracurricular High School
	312: The Engagement in Preferred Activities
	313: How to Better Use Music to Supercharge Your Exercise Programs and Connect with Your Participants
	314: Walking Soccer NS: Navigating a New Program

	that Revitalizes Physical and Social Engagement of Seniors
	315: SPP for Student Engagement: A Proposal for New TR Professional Organization to Consider Supporting the Next Generation
2:30 p.m. – 2:45 p.m.	Break
2:45 p.m. – 3:45 p.m.	316: Physical Activity Recommendations for Children With and Without Disabilities: The 24-Hour Movement Guidelines
	317: Loneliness Due to Lack of Community Connection and How TR Can Bridge the Gap
	318: Putting Out the Fire Before it Starts – Proactive Fall Prevention
	319: Mental Illness – It’s Time to Stop Being Weird About it: Use of Recreation Therapy to Reduce Stigma
	320: Sharing our Experiences: An Inter-Professional Approach to Addressing Post-Stroke Depression
3:45 p.m. – 4:00 p.m.	Break
4:00 p.m. – 5:00 p.m.	Closing Address by Andrew Ritcey MA, CTRS, Consultant – Living Our History of Therapeutic Recreation

For registration information visit:

www.canadian-tr.org

We look forward to seeing you in Halifax!