



Canadian Therapeutic Recreation Association  
Association Canadienne de Loisir Thérapeutique

Chris is the Professional Leader for Recreation Therapy at William Osler Health System. He is also the Clinical Recreation Therapist for the Active Rehabilitation program where he works with persons who have had a stroke, hip or knee replacements, fractures, other neurological conditions and deconditioning. During his professional career of 17 years, Chris has always worked in physical medicine. In the past Chris has also worked at the Mount Vernon Rehabilitation Centre in Mount Vernon, Missouri as an intern and worked with persons with stroke, brain injury and substance abuse. Chris also had the opportunity to work at UNC hospitals in Chapel Hill, North Carolina for a year in their Fellowship program on the rehabilitation unit. During this experience Chris worked with patients who had strokes, spinal cord injuries, brain injuries, and other neurological disorders. In the past Chris has been the Certification Director for CTRA and prior to that was a member of the Certification Task Force for CTRA. He has also been involved with the National Council for Therapeutic Recreation Certification (NCTRC) as a member of the Exam Management Committee for the past four years. Prior to his work on the CTRA board, he was the National/International Liaison and the Certification Director for four years on the Therapeutic Recreation Ontario (TRO) board. Chris was born and raised in Saint John, New Brunswick where most of his family still lives. Chris moved at age 18 to begin his university career at Dalhousie University in their Recreation Therapy program. Currently Chris lives in Brampton, Ontario with his wife Chantal, 13 year old daughter Dylann and 11 year old son Ryan. During his leisure time he enjoys spending time with his family, going to the gym, playing hockey, watching movies, watching sports on television especially hockey and football "Let's go Habs and Steelers!" Chris also enjoys mountain biking and being a referee for hockey.